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**Guidelines for the Erasmus+ Staff mobility for Training** **success story**

**(a description of the participants*'* experience)**

We highly appreciate if you could give more information about your Erasmus+ training mobility:

* Why did you choose to participate in the Erasmus+ Staff mobility for Training?
* What kind of activities you were intended to carry out during your Erasmus+ training mobility period?
* What was the experience in cooperation with the sending and receiving institutions before, during and after the mobility?
* What are your academic and personal benefits from Erasmus + Staff mobility for Training?
* What are the benefits and knowledge gained from the Erasmus+ training mobility?
* What were the main challenges in preparing, developing and implementing for the mobility?
* What kind of practical advice you would like to give to colleagues who are considering taking part in Erasmus + Staff mobility for Training?
* Other aspects that you feel are relevant to your Erasmus+ training mobility.
* We kindly ask you to include 3-5 photo images from your Erasmus+ training mobility.

Before the story, please provide the following information:

• Name and surname

• Age

• Gender

• The sending university

• Country of Mobility

• Higher education institution (please also indicate the address of the institution)

• Field of study

• Duration of the mobility period

Thank you!